

26TH ALL INDIA RESIDENTIAL SUMMER CAMP 2026

Bangalore & Hyderabad | Age 8-18 Years



WHY A STRUCTURED RESIDENTIAL CAMP MATTERS TODAY

Modern childhood is increasingly shaped by screens, irregular sleep cycles, reduced physical stamina, emotional dependency, and lack of structured discipline. While information is abundant, internal balance is often missing.

Our 21-day immersive residential environment is designed to reset biological rhythm and restore structured living.

- ★ 5:00 AM wake-up discipline restores circadian balance
- ★ 8:30 PM sleep discipline stabilizes hormonal rhythm
- ★ Structured physical activity improves stamina and posture
- ★ Guided group learning builds social intelligence
- ★ Limited phone interaction strengthens emotional independence

This is not a casual summer engagement.

It is a carefully designed developmental intervention.



A MESSAGE TO PARENTS

As a parent, you do not seek only academic success. You seek strength, confidence, character, and clarity.

You want your child to speak confidently, stand independently, respect elders, manage time wisely, and handle pressure with maturity.

Such qualities are not built in classrooms alone. They are built in disciplined environments where structure and experience work together.

During these 21 days, children gradually learn:

- ★ To wake up without reminders
- ★ To follow routine independently
- ★ To respect shared space
- ★ To complete responsibilities on time
- ★ To maintain personal discipline
- ★ To be accountable for their actions

A short shift in environment can create a long-term shift in direction.



LOCATION / ADMISSION NO & MORE INFO: 99808 89080

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STRUCTURE OF THE 21-DAY PROGRAM

Each day follows a scientifically balanced routine aligning body, mind, and emotion.

Morning Discipline Block (5:00 AM – 8:30 AM)

- ★ Wake-up discipline & Pratahkal Mantras
- ★ Yoga & Meditation
- ★ Vedic Havan
- ★ Health & Biological Rhythm Alignment
- ★ Structured breakfast routine

Early discipline builds self-control-the foundation of leadership.

Skill & Academic Development (9:30 AM – 4:30 PM)

- | | |
|---|------------------|
| ★ Astronomy & Space Learning | ★ Swimming |
| ★ Photography & Videography | ★ Drone Training |
| ★ Health & Yogic Sciences | ★ Archery |
| ★ Rifle Shooting | ★ Mallakhamb |
| ★ Dance | ★ Arts & Crafts |
| ★ Horse Riding (scheduled according to temperature) | |

These sessions improve coordination, creativity, leadership ability, and cognitive flexibility.

EVENING SPORTS & CULTURAL ALIGNMENT (4:30 PM – 8:30 PM)

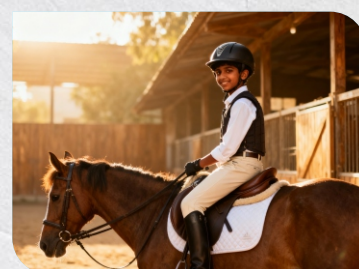
Evenings combine sports, reflection, and structured closure.

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|--------------|-------------|--------------------------------|
| ★ Basketball | ★ Football | ★ Cricket |
| ★ Volleyball | ★ Athletics | ★ Indoor & Outdoor Team Sports |

Followed by:

- | | |
|------------------------------|------------------------------|
| ★ Vedic Sandhya & Meditation | ★ Supervised Recreation |
| ★ Structured Dinner | ★ Night Walk & Reflection |
| ★ Shuttle Badminton | ★ Diary Writing |
| ★ Satsang | ★ Sleep Discipline (8:30 PM) |

This transition from physical activity to calm reflection ensures mental stability and emotional maturity.



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SUPERVISION & SAFETY MODEL

Safety is uncompromised and systematically managed.

- ★ Safety is uncompromised and systematically managed.
 - ★ 2 certified supervisors for every 20 students
 - ★ Dedicated volunteers with round-the-clock monitoring
 - ★ Multiple daily attendance checks
 - ★ Additional supervision during trekking & adventure modules
- No child remains unsupervised.



MEDICAL SECURITY

Safety is uncompromised and systematically managed.

- ★ Dedicated on-site medical team
 - ★ Emergency response protocol
 - ★ Modern & traditional medical support
 - ★ 24/7 health monitoring
 - ★ Nearby hospital tie-ups
- Health safety is non-negotiable.

ACCOMMODATION OPTIONS

Bangalore Campus (AC & Non-AC Options)

- ★ 4-sharing rooms
- ★ Individual storage space
- ★ Clean washroom facilities
- ★ Separate cot per student
- ★ Shoe racks outside rooms
- ★ Well-ventilated residential blocks

Hyderabad Campus (AC Accommodation)

- ★ 4-sharing AC rooms
- ★ Individual storage space
- ★ Separate cot per student
- ★ Clean washrooms

Laundry service every 48 hours.

Comfort is ensured. Discipline is maintained.

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ADVENTURE MODULE (Two Weekend Programs)

Mid-program adventure experiences are designed to build courage and resilience.

- ★ Rock Climbing
- ★ Zip Lining
- ★ Swimming
- ★ Rappelling
- ★ Team Building Activities
- ★ Outdoor Adventure Training

All conducted under enhanced safety protocols.

DEVELOPMENTAL OUTCOMES

After 21 days, students commonly demonstrate:

- ★ Improved sleep discipline
- ★ Enhanced focus
- ★ Increased confidence
- ★ Stronger stamina
- ★ Emotional stability
- ★ Independent habit management

Certificates and structured assessment feedback are provided.

FINAL MESSAGE

Education is not only about marks.
Education is rhythm. Discipline. Character.

If the right structure is introduced between ages 8 and 16, the next decade becomes a period of clarity rather than confusion.

This residential program is designed to provide that structure.

