

the most awaited

INDIA'S BIGGEST RESIDENTIAL SUMMER CAMP 2025

📍 **Kanha Shanti Vanam, Hyderabad**

03RD MAY 2025 – 23RD MAY 2025

Age 7-18 Years (Boys/Girls)

- ✓ 1400 Acres Campus
- ✓ AC Activity Halls
- ✓ AC Studio Rooms
- ✓ AC Dormitories
- ✓ Pure Veg Food
- ✓ 24/7 Security

Do Something Big this Summer, Come on! Let's go camping and Have a holistic experience.



ORGANIZED BY: MAHARSHI DAYANANDA SARASWATHI KRIYA YOGA SAMSTHAN | ESTD 1999



SCAN QR CODE
CALL: 9052285666

HURRY UP...! REGISTER NOW
www.summercampindia.net



INTRODUCTION:

RESIDENTIAL SUMMER CAMP INDIA 2025

Embark on an Unforgettable Journey!

Join us for an exciting 3-week residential summer camp, where you'll experience a home away from home. Our expert team will guide you through a transformative journey, empowering you with essential life skills and unforgettable memories.

Our Legacy of Excellence

Since 1999, we've been conducting summer camps with unparalleled success. Our dynamic team of experts will ensure a safe, engaging, and enriching experience for all participants.

A Glimpse into Our Summer Camp

- Daily routine from 5:00 am to 8:00 pm
- Mandatory scheduled activities for all participants
- Age-group-wise divisions for focused training
- Expert guidance and mentorship throughout the camp

Our Proven Track Record

Kriya Yoga Samsthan has successfully hosted large-scale programs, accommodating 500 to 5000 participants worldwide. With our experienced team, you can trust us to

**Deliver an exceptional summer camp experience.
Get Ready for an Adventure of a Lifetime!**

RESIDENTIAL SUMMER CAMP LOCATION AND FACILITIES:

Welcome to Kanha Shanti Vanam Hyderabad

Located on the outskirts of Hyderabad, Telangana, Kanha Shanti Vanam is the world headquarters of the Heartfulness Institute. This 1400-acre ecological paradise offers a tranquil atmosphere, perfect for spiritual retreats and inner growth.

Facilities

- ✓ Welcome Lounge
- ✓ World's Largest Meditation Hall
- ✓ Yoga Studio
- ✓ Wellness Center
- ✓ Rain Forest
- ✓ Tree Conservation Centre
- ✓ Plant Nursery
- ✓ The Pearl Hotel
- ✓ Canteen & Dining Hall



Welcome to Kanha Shanti Vanam Hyderabad

- 1. Accommodation Options:** We offer two types of accommodation at Kanha Shanti Vanam.
- 2. AC Cottages:** Twin-sharing accommodation for 200 students, providing secure accommodation with:
 - Cot and bed
 - Attached bathrooms
 - Luggage cupboard
- 3. Luxury Dormitories:** Fully air-conditioned, with: 40 students per dormitory - Total occupancy for 300 students - One bunk bed per student (top for luggage, bottom for sleeping) - Well-maintained bathroom and shower with hot water facility and foot stand
- 4. Separate Accommodation:** Boys and girls will have separate accommodation.
- 5. AC Activity Halls:** 3-5 halls, separately for boys and girls.
- 6. Laundry Facility:** Fully mechanized laundry available every day.
- 7. Well-Maintained Bathrooms/Lavatories:** Clean and hygienic facilities.
- 8. Laundry Services:** We use well-equipped and expensive equipment to wash dresses and underwear with hot and cold water.
- 9. Medical Facility:** Our doctors' team will provide 24/7 medical services at the summer camp premises.
- 10. Security:** We ensure day and night security for students' safety, with:
 - One volunteer for every 15 students
 - Entrance and exit gate pass required
 - Identity cards for every student
 - Gate passes for parents
- 11. Cleaning and Maintenance:** Kanha Shanti Vanam has a well-cleaning staff for the entire campus.
- 12. Phone Calls:** We strictly avoid phone calls during the 20-day camp period. In case of an emergency, we provide phones to students. Students coming alone can submit their mobile phones at the clock room on the joining day and collect them on the last day.

SUMMER CAMP ACTIVITIES



MORNING WAKE-UP ROUTINE:

A Key to Balanced Mental Health

Our experienced team of yoga teachers, physical education instructors, dormitory wardens, and volunteers gently guide participants into a new day, setting the tone for a positive and uplifting experience. The morning wake-up routine commences with a soothing wake-up call, followed by a gathering in the Main Assembly Hall, where participants assemble in order of height.



PRATAHKALA VEDIC MANTRAS: A SPIRITUAL AWAKENING

In the Main Assembly Hall, participants assemble in order of height, marking the beginning of a transformative journey. As part of our "Nitya Dina Charya" Vedic syllabus, students learn eight essential Vedic mantras, laying the foundation for a lifelong connection with their spiritual heritage. These sacred mantras, recited during the early morning hours, cultivate mindfulness, clarity, and inner peace, preparing participants for a day filled with growth, learning, and adventure.



NATURE CALL: ESTABLISHING HEALTHY BOWEL HABITS

At our summer camp, we emphasize the importance of regular nature calls to maintain overall health and well-being. Our dormitory in-charges and Physical Education Teachers (PETs) ensure that students drink warm/plain water and take a short 5-minute walk before answering nature's call. By prioritizing regular nature calls, we empower students to cultivate healthy habits, maintain their physical and mental well-being, and perform optimally in all aspects of life.

SUMMER CAMP ACTIVITIES



BUILD BIOLOGICAL AGE FROM CHILDHOOD

How to Practice Biological Age Development
Here are some simple yet effective ways to practice biological age development:

- Yoga and Meditation
- Physical Exercise
- Healthy Eating
- Adequate Sleep
- Positive Thinking



VEDIC SANDHYA & VEDIC HAVAN

Purpose of Vedic Havan : The primary objective of Vedic Havan is to enhance the energy of the human body, promoting overall health and well-being. The therapeutic value of Havan is attributed to the carefully selected ingredients used (important Ayurveda Herbs) . One of the main ingredients is cow "Ghee" or "Clarified Butter," which possesses numerous beneficial properties. Benefits of Vedic Havan - Purifies the environment and atmosphere



VEDIC -YOGIC-HEALTH SCIENCES

We believe that the age group of 8-16 years is the optimal time to introduce students to the profound knowledge of Vedic Sciences, Yogic Sciences, and Health Sciences. By integrating these ancient wisdoms with modern education, we empower students to become well-rounded, enlightened, and visionary leaders.

Foster critical thinking, creativity, and wisdom -
Empower students to become visionary leaders and change-makers

SUMMER CAMP ACTIVITIES



RIFLE SHOOTING

We offer Air Rifle Shooting training, a unique opportunity for students to develop their focus, discipline, and concentration.

Training Overview:

- Age Group: 8-16 years
- Group Size: 20 participants
- Equipment: Air Guns (safe and easy to handle)
- Objective: To introduce students to the basics of Rifle shooting, Promoting focus, Discipline, and Self-Control.



ARCHERY (DHANURVIDYA)

Join our Archery classes, specially designed for school students, and discover the thrill of this ancient sport. As part of our summer camp program, we've been training young archers for years, helping them develop:

- Improved concentration and focus
- Enhanced upper body strength, including arms, core, chest, and shoulders
- Increased muscle development through repetition and practice
- Boosted confidence and self-esteem



MALLAKHAMB: THE ANCIENT INDIAN MARTIAL ART

Mallakhamb, a traditional Indian sport, is a unique blend of gymnastics, wrestling, and acrobatics. The term "Mallakhamb" is derived from the Sanskrit words "Malla" meaning wrestler and "Khamb" meaning pole.

Note: Mallakhamb practice requires expert supervision. Do not attempt to practice without proper guidance and training.

SUMMER CAMP ACTIVITIES



ASTRONOMY - SPACE CAMP

Exploring the Wonders of the Universe

Blast off into the cosmos with our exclusive Spaceship Program, designed specifically for summer camp students! This interactive and immersive experience will take you on a thrilling journey through the vast expanse of our solar system.

Under the expert guidance of our astronomer and science popularizer, this program promises to be an unforgettable experience for our summer camp students!

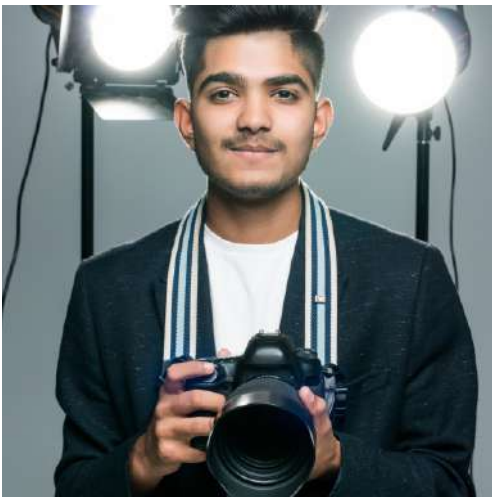


PHOTO AND VIDEOGRAPHY

Photo and Videography Training

Are you ready to capture the world from a new perspective? Join our photo and videography training program, exclusively designed for summer camp students! In today's digital age, visual storytelling has become an essential skill. By learning photo and videography, you'll unlock a world of creative possibilities and gain a competitive edge in various fields.



THEATER WORKSHOP

Theater Workshop for School Students

Our Theater Workshop is an exciting opportunity for school students to discover their creative potential, build confidence, and make lifelong friends

Objectives: Improve public speaking, communication, and presentation skills- Enhance creativity, imagination, and self-expression- Build confidence, self-esteem, and stage presence- Foster teamwork, collaboration, and social skills

SUMMER CAMP ACTIVITIES



ADVENTURE SPORTS

2-Day Outdoor Adventure Camp: our 2-Day Outdoor Adventure Camp at the breathtaking Divya Retreat, Keesaragutta, Hyderabad!! Imagine trekking uphill through lush green hills, surrounded by nature's splendor. Discover the serene Lotus pond and the majestic Shiva temple, nestled amidst the hills.

Get ready to push your limits and challenge



TEAM BUILDING ACTIVITIES

Our organization proudly presents exclusive team building activities, specially designed for students.

Indoor Activities: Australian Trolley - Caterpillar - Web Ball - Monster Ball - Key Punch- Crushed RC Car - Zenga - Chess Route - Blind Fold - Ball Popping

Outdoor Activities: Tent Pitching - Trekking - Zipline - Burma Bridge - Cargo Net - Zorbing & More



NIGHT LIGHT WALKING

Towards the middle of the summer camp we take them for night walking between 8:00 pm to 9.30 pm. Participants will enjoy this activity with torch lights and sticks. We will give security along with our staff. It will be a different enjoyable experience for kids.

CAMP FIRE We will arrange a campfire before the concluding day at the Camp premises for the participants to enjoy by singing, dancing, playing games etc

Accommodation And Fee Details

Accommodation Options : We offer two types of accommodation



AC STUDIO ROOMS

Twin-sharing, secure, and comfortable with attached bathrooms and luggage cupboards

~~₹ 92,000~~ ₹ 70,000 /- only

including GST, Food, Accommodation, Laundry & Medical Security



ROOMS FILLING FAST!

BOOK NOW



AC LUXURY DORMITORIES

Fully air-conditioned, with bunk beds, well-maintained bathrooms, and hot water facilities

₹ 60,000 /- only

including GST, Food, Accommodation, Laundry & Medical Security

Separate Accommodation : Boys and girls will have separate accommodation.

Important Declaration : Our organization is committed to utilizing the funds generated from the camp towards various charitable initiatives, including:

- Gou Samrakshana
- Education for the poor and needy
- Training and employment of youth
- Ayurveda herbal expo
- Awareness programs on Indian culture and Vedic Gurukul Yoga Vignan
- Shishu Samskara Maha Yagna

We invite like-minded individuals to join hands with us to make a positive impact on society. Contributions in cash, kind, or innovative ideas are welcome.

DAILY SCHEDULE

Morning Routine

- 5:00 AM: Wake-up with Prathakala Mantras (vow of silence)
- 5:15 AM: Freshen up (drinking lukewarm water, attending nature's call, and bathing)
- 5:45 AM: Sandya and Havan (replacing fitness and yoga during summer)
- 6:30 AM: Fitness and yoga, followed by medication
- 7:45 AM: Breakfast
- 8:30 AM: Rest and personal room activities

Activity Sessions

9:00 AM – 1:00 PM and 2:00 PM – 5:00 PM

Group activities (20–40 students per group) including:

- Dancing
- Vedic period
- Archery
- Shooting
- Mallakhamb
- Voice and speech
- Acting
- Photography
- Video shooting

Each session: 45–60 minutes (in indoor AC activity halls)

Special Activities: 2–4 sessions daily

Team-building activities and mind games with prizes

Activities include:

- Burma bridge
- Australian trolley
- Crushed RC car
- Cargo net
- Caterpillar
- Zenga
- Zorbing
- Web ball
- Chess route
- Tent pitching
- Monster ball
- Blindfold
- Knot practice
- Key punch
- Ball popping

Evening Routine:

- 5:00 PM – 6:30 PM: Outdoor games and sports
- 6:30 PM – 7:00 PM: Sandya and Upasana meditation
- 7:00 PM – 7:30 PM: Entertainment
- 7:30 PM – 8:00 PM: Dinner break
- 8:00 PM – 8:30 PM: Prayer and Shayanakaal Mantras
- 8:30 PM – 8:45 PM: Bramanam (walking) and Chanakya Neeti, Bartruhari Neethi, and Slokas
- 8:45 PM – 5:00 AM: Sleeping/resting period



DIETARY SCHEDULE

7:45 AM – 8:30 AM: Breakfast (2 varieties daily)

11:00 AM: Fresh fruit juice

1:00 PM: Delicious vegetarian meal (North Indian and South Indian food)

4:30 PM: Snacks Special items (chat, other dishes,)

7:30 PM: Delicious vegetarian meal (North Indian and South Indian food.)

AIRPORT PICK-UP SERVICES

We've made it convenient for you to drop off and pick up your kids from our summer camp. For parents traveling from afar, we offer airport pick-up services from Rajiv Gandhi International Airport, Hyderabad. Our staff will be available to escort your child from the airport to the camp venue.

Note: Transport charges for airport pick-up will be extra.

RESIDENTIAL SUMMER CAMP RULES AND REGULATIONS

To ensure a safe and enjoyable experience for all participants, please adhere to the following rules and regulations

- 1. Application and Payment:** Submit completed application forms with 2 passport-size photographs.- Make payments in advance, well before the deadline.
- 2. Belongings and Identification:** List all belongings in the provided Annexure. - Mark all belongings with a permanent marker, using the Unique Identification Number provided after admission. Parents/Guardians are responsible for ensuring all belongings are properly marked.
- 3. Prohibited Items:** Jewelry (gold, silver, or imitation) is strictly not allowed. - Outside food, including long-shelf life items, is prohibited.
- 4. Camp Rules:** Participants must follow instructions from management staff and trainers. - Children will not be permitted to leave the camp premises during the program - Birthdays will be celebrated within the campus, without outside food or decorations.
- 5. Communication:** Parents/Guardians are requested to minimize calls to the camp office, as frequent calls may disrupt the program. - We will keep you updated on your child's progress.
- 6. Responsibility:** Parents/Guardians are responsible for ensuring their child follows all camp rules and regulations. By adhering to these rules and regulations, we can ensure a safe, enjoyable, and memorable experience for all participants

IMPORTANT NOTICE: RESPECT FOR PROPERTY

Dear Parents/Guardians,

We are excited to welcome your children to our summer camp at Kanha Shanti Vanam. As we provide a safe and enjoyable environment for your kids, we kindly request your cooperation in maintaining the property.

Please educate your children on the importance of respecting and taking care of the property, including rooms, dormitories, and common areas. Any damage caused to the property will be liable for damage payment to Kanha Shanti Vanam.

We understand that accidents can happen, but we encourage you to have an open conversation with your child about the significance of being responsible and respectful of others' property.

Your cooperation and support in this matter are greatly appreciated. Let's work together to ensure a wonderful and memorable experience for all our young campers!

Thank you for your understanding and cooperation.

Clothing:

1. 2 pairs of white dress (Salwar Kameez or white top and leggings for girls, Kurta Pyjama or white T-shirt and track for boys)
2. 5 pairs of civil dresses (preferably cotton)
3. 3 pairs of sports dresses (tracks and T-shirts)
4. Required number of undergarments (10)

Toiletries:

1. Toilet kit (toothbrush, toothpaste, tongue cleaner, soap, and shampoo)
2. Hot water flask
3. Water bottle

Miscellaneous:

1. Torch light (carry extra batteries)
2. Drawing kit (for non-8th and 10th standard students)
3. Long notebooks
4. Colors/Crayons
5. Small backpack for picnic/2-day outing
6. Sport shoes/Canvas shoes
7. 12 pairs of socks
8. Slippers

Important:

1. Please mark all belongings with a permanent marker using the three-digit admission number to avoid confusion.
2. Send a list of all items brought by your child to the camp.

TERMS AND CONDITIONS

1. ADMISSION AND PAYMENT

Admission to the camp is confirmed only upon receipt of the entire fee.

2. REFUND POLICY :No refunds will be issued after registration and admission.

3. CANCELLATION POLICY Cancellation of admission is at the discretion of the parents/guardians. The fee is non-refundable in case of cancellation.

4. FEE STRUCTURE The total fee will not be affected by any variation in the total number of participants.

By registering for the summer camp, parents/guardians acknowledge that they have read, understood, and agreed to these terms and conditions.

Conclusion: Join us in celebrating our 25th anniversary and give your child the gift of a unique and enriching summer camp experience. Let's work together to help them discover new passions, develop valuable skills, and create lifelong memories.

Register now and be a part of our milestone celebration!



25 Years
of Excellence

50,000 +
Students Trained

7 Successful
Locations

100+
Certified Trainers

Hyderabad

15-143, New Mirjalaguda,
Malkajgiri, Hyderabad
Telangana - 500047

Bangalore

Shashank Avas Apt #21,
VidyaRanyapura,
Banglore - 560097

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ASSOCIATED PARTNERS

