

BE REST ASSURED! YOUR KIDS ARE **SAFE WITH US!**



Kriya Yoga Samstan (KYS) feels responsible to Clarify the Doubts of Parents

We are getting a number of calls from Parents seeking doubts and clarifications regarding the Safety of the kids. But due to our Tight schedules and the increasing number of calls which are received daily, We consider it our responsibility to make you clarify your doubts.

We have also provided a detailed FAQ on our website based on the likely doubts which can arise in Parent's minds.

This is How we conduct the Summer Camp for the 21 Days

- Our Organization has been running Summer Camps for the past 22 years and this is the 23rd annual All India Residential Summer Camp
- **Camp Venue Advantage:** Parents always want to give the best of everything to their kids in terms of Accommodation, Medical Security, Good Lavatories, and Food. KYS also thinks the same way. Likewise, we have chosen the Camp location which has all these facilities.
- The Camp Venue is at BGS International Residential School, K Gollahalli, Bangalore Karnataka. The Campus is around 100 acres and well-equipped with all the facilities.
- **Good Climate:** In comparison with other cities, Bangalore is blessed with a Good Climate. Especially, the Month of May. Since in May, the climate is soothing and the temperature will be below 28 degrees Celsius. Also, In May month, the Northern & Southern Parts of India will experience Hot Summers. That is the reason Why we chose Bangalore as the destination for the Summer Camp.
- **Holiday Time for Schools:** Another reason for picking May Month is that Most Schools Pan-India which follow CBSE and ICIC Syllabus, are given holidays after a hectic exam schedule in the Month of May.

Wondering How KYS will Manage and Look-After My Kid at the Summer Camp?

- Children wake up in the morning at 5 am and until 8 pm, we have prepared ONE UNIQUE curriculum for students according to their age group, proper diet menu, and schedules with Timetable.
- For every 20 students, We provide 1 PET (Certified Physical Education teacher) and 1 VOLUNTEER. The PET & Volunteer will take care of kids round the clock for 21 days of the Summer Camp. They will take responsibility right from the beginning.. Waking up the students, followed by line formation and taking them out for Morning prayer. After Prayer, they will be allowed to take warm water followed by attending the Nature's Call, Brushing and Water will be sprinkled on the eyes to make them stay active which is very important.
- Once that is done, Students will wear their Sports dresses and shoes and will assemble at the ground and Start Jogging. Meanwhile, they will be instructed by PET on jogging rules and their jogging performance will be monitored till the last day.

- Once jogging is completed, We start Yoga, Mudgar, and Stick Fighting Training which we are done for 1 hour and according to their performance, we will provide advanced training for participants.
- Once Yoga is completed, participants can have milk and snacks after which they go bathing and wear a white dress to attend the Vedic Sandhya Upasana and Vedic havan. (A 40-Min Session)
- On completion of the session, the participants take rest for 30 min and they are scheduled up to 1 pm and 3 pm to 6.30 pm, we cover all the below activities, and mainly some activities are 30 Min scheduled and some activities are up to 1 Hour according to our Timetable.

Then they will have the following activities as follows:

- **Horse Riding**
- **Rifle Shooting**
- **Dancing**
- **Drawing**
- **Poll Mallakambh**
- **Rope Mallakambh**
- **Swimming**
- **Vedic Mantras Chanting**
- **Personality development Classes etc. in line with the Timetable.**
- Also, Participants can enjoy these activities before lunch both in-door and evening sessions outdoor sports activities.
- Once completion of all these activities, all the participants gather at the auditorium and we will start Sandyaopasana and Gayatri Mantra Chanting for 30 min. We also give them 30 Min Movie and entertainment breaks for students.
- At Night, All the students will go to the dining hall for having dinner in line. After dinner, Batch-wise, we take the students for a 20-Min Walk around the campus. While doing so, we will teach them Chanakya Neeti, and Bhartuhari Neeti Slokas so that while waking at the gurukul, students can chant the slokas, and will become a routine.
- While walking, we provide each one with a diary so that they can cultivate the habit of writing. They can jot down the activities from morning till night and it will serve as a self-realization for kids and will groom them as better individuals.
- Once the diary writing is completed, the students will chant prayers and go to bed around 8.30 PM.
- For performing all these, we have competent and well-experienced coaches and teachers for each and every activity.

TWO-DAY ADVENTURE CAMP

After 10 days, the students are going to participate in a Mini Adventure Camp at Ramnagara (or) Kanakapura.

They will experience the following activities that will be life-changing.

- **Rock Climbing**
- **Rapping**
- **Zipliner**
- **Boating**
- **Water games**
- **Mud Games**
- **Rain Dances**
- **Natural Lake Water Swimming With life jokes**
- **Night Fire Camp**
- **At night they will stay in tented accommodations under Mango Trees**

On the 2nd Day, They Wake up in the morning, get freshened up, and take a long journey of Trekking for 4 km.

We provide full security for students. For every 10 Members, we assign 1 Volunteer who will take care of them.

Once they completed Trekking and Other activities until evening, they come back to campus and have dinner at the Campus.

Again the daily Dinacharya Routine Starts from the next day till the end of the camp.

Every Student Can participate in Competitions and Writing exams held at the camp.

We also offer a one-on-one personal counseling session for all the participants under the supervision of our experienced Doctor's team and also share inputs on personality development.

Once the counseling is completed, we will take Attendance and prepare Marksheet, and asses them using ABC Grade System.

Concluding Day:

On the last day, we are planning to Conduct Shishu Samsakra Maha Yagna from Morning 9 am to 12 pm. Interested Parents and Students can participate in this Program. Following that, we will distribute the certificates and bid them goodbye.

Value-Added Take-Aways from the Camp:

- The Children learn to be Independent
- They cultivate Individual discipline
- They learn Moral Values
- They learn Vedic & Medical Sciences

The children are categorized according to their respective age groups.

SUB JUNIORS
Aged 7-9 Years

JUNIORS
Aged 10-12 Years

SENIORS
Aged 13-18 Years

Accommodation:

Every Student is provided with a Semi partition system and 2 students are allowed in one place with a separate cot and bed with a commode and space for luggage separately. A Luxury Dormitory system is also provided. There is also a separate partition to keep shoes and facilities in the cupboard.



Laundry:

We provide well-equipped laundry services for participants. Every 2 days once, the laundry persons will come and collect dresses batch-wise and give them back to the students after ironing the next day. The Counting and Calculation of dresses will be taken care of by our volunteers. They will ensure that if any dresses are missing from the laundry, they will make sure that it reaches the students by tracking their Id Card.



Well-Experienced Doctors Team:

We have well-experienced doctors in our Camp. Moreover, this camp is run by a group of doctors. Hence you need not be worried. They will attend to your kid for any health emergencies. They will treat your kids for any cold, cough, fever, and indigestion issues. We also have in-hand Natural solutions and Ayurveda Herbal and Modern Medical Systems. We will provide quick relief medication based on the participants' health conditions. We have a separate medical wing for any emergency 24/7 during the camp.



Phone Calls:

If you feel like talking to your kids, we allow making phone calls only 2 times during the entire duration of the camp.

We live Stream on Youtube so that you can watch your kids and the activities they perform.

From Morning to Evening, you can watch them.

Parents kindly subscribe to our channel and watch live all the activities so that you can be relieved.



Upon completion of the Summer Camp on May 20th, the students who are eligible and enrolled for the Adventure Camp can stay the night at BGS school.

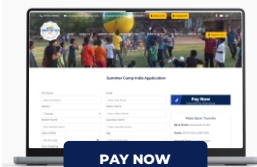
On May 21st early morning, we will start the journey by flight from Bangalore to Delhi

For those who are coming from other states and different airports, we will pick you up at Delhi International Airport and start the journey to Manali (9 days) and May 29th, All the participants return back home.

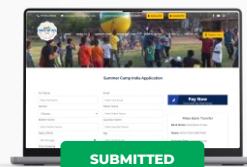
**This is the Annual Event (From 30th April To 20th May)
Students Across India and Abroad take part in the Camp and gain
incredible experiences.**



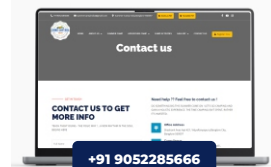
After going through all the pages on our website, Click on the REGISTER NOW button and Submit Your Application



On successful submission, Scroll down to find the PAY NOW Button



Click on the PAY NOW button and make the payment and Get Admission for your Kid



If you have any doubts/clarifications, feel free to contact us on WhatsApp Number available on the Website

Thank You